



MARY GRIFFITHS

Certified Play Therapist

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www.castlebarplaytherapy.ie (enter into your browser)

ages 3 – 14

Is our Government's lockdown policy impacting on your child's social and emotional health?

Play Therapy can help with:

Anxiety

Communication problems

ADHD

Autism Spectrum Disorders

Family Separation/loss

Delayed Development

Social Exclusion/social withdrawal

Poor Social Skills

Trauma - explicit/implicit

Attachment Issues

Bullying/Bully

Under performing (academic/social)

Physical Disabilities

call Mary for further details 087 1192723

CASTLEBAR PLAY THERAPY

The aim of Play Therapy is to bring your child to a level of emotional and social functioning on a par with their developmental stage so that normal development can resume.

Play Therapy allows your child to develop -

- **Self-exploration**
- **Self-expansion**
- **Self-expression**
- **Self-respect**
- **Self-in-relation-to-others**
- **Sense of responsibility**
- **Increased concentration and communication**

