|  |  |  |  |
| --- | --- | --- | --- |
|  | **Session 1** | **Session 2** | **Session 3** |
| **Monday** | Junior Room  **Dodgeball**  Middle Room  **Dance**  Senior Room     Mini Golf | Junior Room  **Netball**  Middle Room  **Walk to Beach**  Senior Room  Rounders | Junior Room  **Dance /Yoga (indoors or outdoors)**  Middle Room  **Rounders**  Senior Room  Dodgeball |
| **Tuesday** | Junior Room  **Soccer**  Middle Room  **Basketball**  Senior Room  Unihoc | Junior Room  **Make Fruit Skewers**  Middle Room  **Nature Walk**  Senior Room  Circuits | Junior Room  **Cooperative games -Island hopping, pass the hoop, Over & Under, Ball sandwich, Cones & Domes)**  Middle Room  **Dodgeball**  Senior Room  Co-operative Games |
| **Wednesday** | Junior Room  **Parachute**  Middle Room  **Races for fun**  Senior Room  G.A.A Skills | Junior Room  **Nature Walk**  Middle Room  **Walk to the Beach**  Senior Room  Trust Challenge | Junior Room  **GAA skills**  Middle Room  **Co-operative games**  Senior Room  It’s a bomb |
| **Thursday** | Junior Room  **Obstacle course**  **&**  **Sports day races ( novelty) -egg and spoon, sack & sprints for fun!**  Middle Room  **GAA skills**  Senior Room  Walk to the Beach | Junior Room  **Rockets & Hula hoops**  Middle Room  **Parachute**  Senior Room  **Sports day races ( novelty) -egg and spoon, sack & sprints for fun!**  Rounders | Junior Room  **Class Céilí -Tar chugam, shoe the donkey, Staicín Eorna**  **(indoor or outdoor)**  Middle Room  **Sports day races ( novelty) -egg and spoon, sack & sprints for fun!**  Senior Room  Basketball |
| **Friday** | Junior Room  **Lions den/stuck in mud/Duck duck goose/Bib tag/ Fox lunch/4 corners**  Middle Room  **Musical statues**  Senior Room  Walk to the beach again to check construction | Junior Room  **Unihoc skills**  Middle Room  **Obstacle course**  Senior Room  Tennis | Junior Room  **Circuits**  Middle Room  **Soccer**  Senior Room  Basketball |