

Well-being Thought

Focus on the things you
can control
And let go of the rest....

JANUARY '22



BULLETIN

Inver N.S. Noticeboard

Catholic Schools Week is being celebrated in each class this week. The theme this year is 'Living life to the full'

Our **Wellbeing focus** for January was **Friendship**. Each class has had specific lessons on this topic. Well done to everyone who designed Positivity Pebbles.. You did a wonderful job!

CLASS Hours Múinteoir Sharon has been a wonderful help, supporting teachers on Tuesdays and Thursdays in each of the classes, with a focus on Literacy and Numeracy. These hours were approved by the Dept. of Ed in Autumn and will cease prior to Easter.

Upcoming **Parent Webinars** that may interest you:

<https://www.canavanbyrne.ie/training/category/parenting?category=parenting>

Updated Isolation Guide

<https://sninbhear.edublogs.org/covid-19-information/>

A word from the Student Council

We are happy to be back in school planning our next project. Just recently, a new yard rota was organised for the senior class. We are planning on repainting the mural beside the garden and perhaps painting a new one at back of school in late Spring.

We are brainstorming fundraising ideas to purchase paint and outdoor play equipment. We plan to make a play area beside the computer room over time. We will need lots of help! Our star chart reward system is working really well and everyone is enjoying the extra time outside! That's all for now, more to come soon,

Taylor, Jason, Alfie, Alex, Dylan, Aisling D. & Seán

Fun Facts.....Did you know?

Pigs don't sweat!

So no such thing as 'sweating like a pig'. They are born without sweat glands and roll in a puddle of cool mud to cool down!

Monthly Award Ceremony

Congratulations to our December winners..

Most respectful class- Middle room

Tidiest Class- Senior Room

Best Line Outside - Junior Room



Happy birthday to the boys and girls who celebrated their birthday this month. ..Lily, Ray, James, Kayla, Jason & Kayleigh G.

Congratulations to Mia & Holly on the birth of their little brother

Jace!



Dates for your diary

First Holy Communion – Sat. May 7th

Confirmation - Fri. March 25th

Closing date for Recipe submission - Feb. 11th

Midterm Closure - Feb. 24th & 25th